

# Menu week 1

<b>Meal times</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	Cereal, toast and milk	Cereal, toast and milk	Cereal, toast and milk	Cereal, toast and milk	Cereal, toast and milk
<b>Am snack</b>	Crackers and grapes	Cheese twists and orange slices	Pear slices and oatcakes	Pitta bread fingers, dip and cucumber sticks	Raisins and rice cakes
<b>Dinner</b>	Chicken Korma with brown rice	Pea, ham and mushroom pasta bake with pitta bread fingers	Roast pork, stuffing, roast potatoes, seasonal vegetables and gravy	Home made fish cakes with sweetcorn and baked beans	Sausages, croquette potatoes, seasonal vegetables and gravy
<b>Vegetarian</b>	Vegetable curry and rice	Vegetable pasta bake	Roasted vegetable bake	Vegetable finger and diced potatoes	Vegetarian sausages
<b>Dessert</b>	Banana and custard	Chocolate crunch and fruit yoghurt	Fruit cocktail and ice cream	Jam tart and custard	Chocolate crispy cake
<b>PM Snack</b>	Apple slices and savoury biscuits	Pepper batons, dip and crackers	Crumpets and banana	Savoury biscuits and Grapes	Mini pancakes and orange slices
<b>Tea</b> <b>20g fruit</b>	Spaghetti hoops, wholemeal toast, Gingerbread shapes Pear slices Fruit yoghurt	Sandwiches with a selection of fillings Grated carrot, and Crisps Banana Bun Apple slices	Pizza slices and Cucumber & carrot sticks Oat cookie Fruit yoghurt	Carrot sticks, selection of sandwiches fruit scone Orange slices	Scrambled egg with whole meal toast Fruit muffin Pear slices Fruit yoghurt

Fresh milk and water is offered at all meal times and throughout the day

## Menu week 2

<b>Meal times</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	Cereal, toast and milk	Cereal, toast and milk	Cereal, toast and milk	Cereal, toast and milk	Cereal, toast and milk
<b>Am snack</b>	Bread sticks and Pear slices	Carrot sticks, dip and pitta bread fingers	Oat cakes and banana	Savoury biscuits and apple slices	Crackers and raisins
<b>Dinner</b>	Fish fingers, potato shapes, sweetcorn and baked beans	Spaghetti bolognese topped cheesy garlic bread	Cottage pie topped with cheesy mash and baked beans.	Roast chicken, stuffing, roast potatoes, seasonal vegetables and gravy	Sweet and sour chicken, rice and prawn crackers
<b>Vegetarian</b>	Vegetable fingers	Vegetable bolognese	Vegetable pie	Roast quorn fillet	Vegetable sweet and sour with rice
<b>Dessert</b>	Banana split	lemon cupcakes	Marshmallow biscuit cake	Strawberry jelly and shortbread biscuit	Pancakes and sorbet
<b>PM Snack</b>	Rice cakes and grapes	Cheese straws and orange segments	Pepper sticks and crumpet	Pepper sticks, pretzels and dip	Carrot sticks and cheese scone
<b>Tea</b> 20g fruit	Cucumber sticks, a selection of sandwiches  Flapjack  Apple slices	Spaghetti hoops and wholemeal toast Chocolate cake  Grapes  fruit yoghurt	Cherry tomatoes, a selection of sandwiches  Carrot and orange cake Pear slices	Baked beans and wholemeal toast Oat cookie  Orange slices  Fruit yoghurt	Pepper sticks, dip and selection of sandwiches  Ginger cakes  Banana

Fresh milk and water is offered at all meal times and throughout the day

## Menu week 3

<b>Meal times</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	Cereal, toast and milk	Cereal, toast and milk	Cereal, toast and milk	Cereal, toast and milk	Cereal, toast and milk
<b>Am snack</b>	Crumpets and banana	Pepper sticks, dip and pretzels	Crackers and raisins	Cheese straws and grapes	Rice cakes and orange segments
<b>Dinner</b>	Chicken in breadcrumbs with bbq sauce mini corn on the cob and cheesy nacho's	Meatballs with tagliatelle in tomato sauce	Toad in the hole with mash potatoes, carrots and gravy	Chilli con carne and whole grain rice	Fish fingers, cheesy mash and peas
<b>Vegetarian</b>	Quorn chicken	Vegetable balls	Vegetarian sausages	Vegetable chilli	Vegetable fingers
<b>Dessert</b>	Lemon Love cake and ice cream	Strawberry jelly and shortbread biscuit	Banana and custard	Orange jelly and orange slices	Blueberry muffin
<b>PM Snack</b>	carrot sticks, dip and breadsticks	Savoury biscuits and grapes	Pancakes and orange slices	Rice cakes and pear slices	Cucumber sticks and oat cakes
<b>Tea</b> <b>20g fruit</b>	Baked beans and whole meal toast Chocolate chip cookie Apple slices  Fruit yoghurt	Cucumber sticks, selection of sandwiches Marshmallow biscuit cake Pear slices	Scrambled eggs with wholemeal bread, Ginger bread shapes Apple slices  Fruit yoghurt	Carrot sticks Selection of sandwiches Raspberry buns  banana	Pepper sticks, Pizza slices Carrot and orange cake  Fruit yoghurt

Fresh milk and water is offered at all meal times and throughout the day